



## **FOR IMMEDIATE RELEASE**

### **Let's Eat Dinners Awarded a Together at the Table Programming Grant**

HANCOCK, Mich., Feb. 28, 2017 – Let's Eat Dinners, working in conjunction with Evangel Baptist Church in Houghton, received a \$15,870 grant from the Portage Health Foundation (PHF) to expand their community meals programming.

Let's Eat applied for funding under PHF's food initiative RFP late last year. The grant funding was a result of proceeds raised at PHF's Stop the Roar of Hunger Spring Gala. Under this RFP, PHF sought applications focused on programs that addressed food insecurities, hunger, or undernutrition in Baraga, Houghton, Keweenaw, and Ontonagon counties.

With this funding, Let's Eat will provide monthly dinners in Chassell, Hancock, Baraga, and with their partner in Mass City. At these meals, Let's Eat will follow the USDA's MyPlate food recommendations and incorporate an educational nutrition piece to help combat food insecurities. Additionally, they will improve the quality of foods offered as part of the afterschool snack program in Mass City. Let's Eat Dinners are free and open to everyone.

PHF's objectives with the food initiative are to (1) create greater awareness throughout the community to the role food plays in overall population health and (2) to develop and execute the first steps to help provide nutritious food to people who may be food insecure. Let's Eat program manager, Bill Binroth, said, "Nothing brings us together like eating together." Through this programming, Let's Eat is highlighting the ways in which community dining and nutrition can work together to improve participants' eating habits and diminish food insecurities.

#### About Let's Eat Dinners

Let's Eat Dinners offers free inter-community meals in Chassell, Hancock, Baraga, and at its partner location in Mass City, Michigan, where all are welcome.

#### About the Portage Health Foundation

The Portage Health Foundation is a 501(c)(3) charitable organization that receives and contributes charitable donations, which support the health needs of the community through enhanced philanthropy and community collaboration throughout Baraga, Houghton, Keweenaw, and Ontonagon counties.

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Chelsea Goodreau/PHF

L to R: Bill Binroth, Let's Eat Dinners Program Manager; Bernadette Yeoman-Ouellette, PHF Board Chair; Hilary Anderson, PHF Grants Management Coordinator; and Paul Ollila, PHF Board.

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